About Us.

Towards Healing is a Counselling and Support Service for Survivors of Institutional, Clerical and Religious abuse, funded by the Catholic Church.

It replaces the Faoiseamh Counselling Service, which has been in operation since 1997, and which has provided face-to-face counselling to over 5,000 persons during that time, as well as Helpline support to over 15,000 survivors of Institutional, Clerical and Religious abuse.

The services provided by Towards
Healing are developed in consultation
with representatives of Survivors,
and will include Facilitated Listening
Meetings, Psycho-Educational Groups,
Counselling Services, Helpline Services,
Practical Workshops and Advocacy
designed to link clients to services
relevant to their needs.



P.O. Box 5654, Dublin 14

Mobile Number for Hearing
Impaired Service Users Only:
085 802 2859

Freephone (Ireland):
1800 303416

Freephone (UK):
0800 0963315

Free and Confidential Helpline and Counselling Referral Service

FREEPHONE (IRE) 1800 303416 (UK) 0800 0963315 www.towardshealing.ie



Questions

WHAT SERVICES ARE AVAILABLE THROUGH TOWARDS HEALING?

- Counselling Helpline
- Weekly individual face to face counselling for survivors, their partners, parents, siblings and children.
- 12 Sessions of couple/family therapy counselling (where the need arises)
- Practical Workshops
- Psycho-Educational Groups
- Facilitated Listening Meetings.
- Telephone Counselling.
- Advocacy
- Parent Coaching

WHO IS ELIGIBLE TO RECEIVE SERVICES THROUGH TOWARDS HEALING?

Towards Healing provides counselling and support for people who, as minors, suffered physical and sexual abuse by members of, or while in the care of the Catholic Church in Ireland. We can provide services to clients regardless of where they currently live.

HOW DO I CONTACT TOWARDS HEALING?

You can call us on 1800-303416 (Rep. of Ireland), 0800-0963315 (N.I. and U.K.)

You can email us at casemanager@towardshealing.ie

You can visit us online at www.towardshealing.ie

The Helpline operates Monday – Thursday from 11am – 8pm and on Fridays from 11am to 6pm

WHAT ABOUT MY FAMILY?

Towards Healing can provide and pay for counselling for spouses/partners, parents, siblings and children of survivors of Institutional/Clerical/Religious abuse.

IS EVERYTHING I TALK ABOUT IN COUNSELLING CONFIDENTIAL?

Yes it is. HOWEVER, if the Counsellor believes that you or someone else is in serious danger they must share this information to ensure safety.

WHAT ABOUT CHILD PROTECTION?

Towards Healing is totally committed to Child Protection. You are welcome to discuss any concerns with our Child Protection Officer at 085 8801643.

ANY OTHER QUESTIONS?

Call us – no question is too big or too small.

HELPLINE HOURS

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FREEPHONE (UK) 0800 0963315

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Friday's from 11am to 6pm